

Consent for Teletherapy

Teletherapy is the use of a live video connection over the internet to provide psychotherapy. The use of video for therapy has been shown to be effective but involves some special considerations as identified below.

- **INFORMED CONSENT** : a signed consent form such as the one you are reading is recommended.
- **HIPAA-COMPLIANCY** : Ms. Carboni only uses a HIPAA-compliant platform.
- **RECORDS** : Ms. Carboni does not and will not keep any records on-line.
- **LOCATION**: Please consider your location during any teletherapy session to protect your privacy and to reduce distractions.
- **FEES**: Teletherapy sessions are sometimes not reimbursed by insurance. Slightly different codes will be used on receipt forms to identify teletherapy from in-persons sessions. You should check with your insurance whether they will reimburse and at what percentage.
- **CANCELATION POLICY**: Please cancel 24 hours in advance of a scheduled session just as you would an in-person session.
- **OFFICE POLICIES**: All other LifeChange, LLC office policies remain in effect especially those concerning Emergencies, Mandated Reporting, and Confidentiality.
- **EFFICACY**: There may be times when technology fails, and rescheduling will be necessary. Ms Carboni will be as flexible as possible to accommodate your needs.
- **PAYMENTS**: Payments can be by credit card (preferable) or by check made out to **LifeChange, LLC** and mailed to:
*Shawna V Carboni, LICSW
LifeChange, LLC
235 Cypress Street, Suite 01C
Brookline, MA 02445*

I have read the above considerations and agree to participate in teletherapy with Ms. Carboni, LICSW.

Signature Patient _____ Date _____