

Consent for Teletherapy

While the private practice of Ms. Carboni LICSW, LifeChange LLC, primarily holds in-person sessions, there may be times when teletherapy sessions are necessary. Teletherapy is the providing of therapy through a live video connection, over the internet. The use of video for therapy has been shown to be effective but involves some special considerations as identified below.

- **INFORMED CONSENT** : a signed consent form such as the one you are reading is recommended.
- **HIPAA-COMPLIANCY** : Ms. Carboni will only use a HIPAA-compliant platform such as Doxy.
- **RECORDS** : Ms. Carboni will not keep any records on-line.
- **LOCATION**: Please consider your location during any teletherapy session to protect your privacy and to reduce distractions.
- **FEES**: Teletherapy sessions are sometimes not reimbursed by insurance. Slightly different codes will be used on receipt forms to identify teletherapy sessions. You should check with your insurance whether they will reimburse and at what percentage.
- **CANCELTATION POLICY**: Please cancel 24 hours in advance of a scheduled session just as you would an in-person session.
- **OFFICE POLICIES**: All other LifeChange, LLC office policies remain in effect especially those concerning Emergencies, Mandated Reporting, and Confidentiality.
- **EFFICACY**: There may be times when technology fails, and rescheduling will be necessary. Ms Carboni will be as flexible as possible to accommodate your needs.
- **PAYMENTS**: Payments will be by check only and should be made out to **LifeChange, LLC** and mailed to: *Shawna V Carboni, LICSW
235 Cypress Street, Suite 01C
Brookline, MA 02445*

I have read the above considerations and agree to participate in teletherapy with Ms. Carboni, LICSW.

Signature Patient _____ Date _____